



Payment Options

Full Package- \$1,000

- (36) On Ice Sessions
- (36) Off-ice Skill Sessions
- (24) Stretch/Recovery Class
- Access to "Shooting Stall" *Wednesday Only*
- Elite Locker Room Access
- Jersey

Half Package- \$650

- (18) On Ice Sessions
- (18) Off-ice Skill Sessions
- (12) Stretch/Recovery Class
- Access to "Shooting Stall" *Wednesday Only*
- Elite Locker Room Access
- Jersey

Walk-On- \$40

(First Walk-on \$50 includes Jersey)
Includes ALL activities for CURRENT Day
NO Elite Locker Room Access

Instructional Summer Training

***Birthyears 2002+
Prep, Junior, College, Pro***

(Minimum Experience Level is AA Hockey)

EXTREME SKATE

High Intensity. Well rounded. Professionally organized sessions covering every aspect a player needs to improve their game.

This summer we have created an all around training package so that players are receiving Focused instruction from on ice to off-ice skills down to involving Stretch Class by Professional Dancer Julie Swartz who specializes in deep Stretch/Recovery Movements.

- Packages & Walk-On Purchased at XIC front desk before entering the ice.
- If skater gets caught not paying before entering ice, they will loose privilege in participating.

Questions, Contact: Danielle Logano
DanielleL@xicenter.com / (704)886-8838

Coaching Staff



Danielle Logano
DanielleL@xicenter.com

12 Years Professional Figure Skater & Professional Power Skating Coach for- *NHL, AHL, SPHL, ECHL, OHL, USHL, NAHL, USPHL* Skating Coach for the 2018 NHL "Hockey Summit" All-Inclusive Camp www.thehockeysummit.com, USPHL Charlotte Rush, Trained SPHL Marksmen Team, Kevan Miller (Boston Bruins), Shane Harper (Panthers), Eric Nystrom (Predators) www.LoganoPowerSkating.com



Mike Busto
Mike.busto@yahoo.com

10 Years Playing Professional Hockey After 5 years playing in Juniors in the WHL (Western Hockey League) in Canada, Mike earned an entry level contract with the New York Rangers. Played 10 years Professional in both ECHL and in Europe. Including 2 years with the Charlotte Checkers. In his final season in Europe, Mike served as a player assistant coach for the Angers Professional team in France and now currently, 2018 16UAA Premier Head Coach.



John Turner
JTPowerskating@gmail.com

Current Skills Development and Assistant Coach, Charlotte Rush USPHL 10+ years Player Development/Power Skating Coach & 20+ Years Playing Experience. Coach TPH "AAA" Junior College Prep Skills Program. Coaching Experiences also include; Huron Hockey Camps, Rick Heinz and Sports International hockey schools as well as private instruction to youth and adults. Member of US National/Olympic Speed Skating Training Program (2005-2007)

SCHEDULE

TUESDAY	WEDNESDAY	THURSDAY
8:00-8:30am Power Skating	8:00-8:30am Power Skating	8:00-8:20am Flow Drills
8:30-9:30am On-ice Skills	8:30-9:30am On-ice Skills	8:20-9:30am Scrimmage Game
10:00-11:00am Off-ice Skills	10:00-11:00am Off-ice Skills	10:00-10:30am Off-ice Technique
11:10-11:40am Stretch/Recovery	11:00-12:00am Shooting Stall	10:30-11:00am Stretch/Recovery

TAKE NOTE "RED BLOCKS" Sessions will begin Earlier & Off-ice times will adjust

5/22	8:00-9:30am	5/23	8:00-9:30am	5/24	8:00-9:30am
5/29	8:00-9:30am	5/30	8:00-9:30am	5/31	8:00-9:30am
6/5	8:00-9:30am	6/6	7:45-9:15am	6/7	7:45-9:15am
6/12	8:00-9:30am	6/13	8:00-9:30am	6/14	8:00-9:30am
6/19	7:30-9:00am	6/20	7:30-9:00am	6/21	7:30-9:00am
6/26	8:00-9:30am	6/27	8:00-9:30am	6/28	8:00-9:30am
7/10	8:00-9:30am	7/11	8:00-9:30am	7/12	8:00-9:30am
7/17	8:00-9:30am	7/18	8:00-9:30am	7/19	8:00-9:30am
7/24	8:00-9:30am	7/25	8:00-9:30am	7/26	8:00-9:30am
7/31	8:00-9:30am	8/1	8:00-9:30am	8/2	8:00-9:30am
8/7	7:30-9:00am	8/8	7:30-9:00am	8/9	7:30-9:00am
8/14	8:00-9:30am	8/15	8:00-9:30am	8/16	8:00-9:30am



4705 Indian Trail-Fairview Rd.
Indian Trail, NC 28079
Phone# 704-886-8838



Extreme Skate

PRESENTED BY,



May 22-Aug 16